

IT'S A RETINOL REVOLUTION

Retinols, retinoids or retinol alternatives have long been considered a woman's best weapon against aging, often heralded as the only viable, non-surgical way to address the appearance of wrinkles and sagging skin. But for many consumers, the word retinol conjures up painful visions of common side effects that outweigh its benefits. We asked 4,700 US beauty buyers their opinions on this wonder ingredient and their interest in its growing cadre of alternatives and derivatives.



55% of beauty buyers currently use at least one product containing vitamin A/retinol

26% would like to do so **11%** have used retinol in the past

No pain, no gain?

- **64%** of retinol users say they check for potency before purchasing a retinoid-based product
- Among non-users, **19%** won't try a retinol product for fear of harsh side effects
- **14%** of current and former users report having an adverse reaction or irritation as a result of using a retinol-base product
- **45%** of former users admitted they didn't follow a sensitization protocol
- Top adverse reactions:
 - Redness (**71%**)
 - Dryness (**65%**)
 - Flakiness (**47%**)
 - Burning (**47%**)

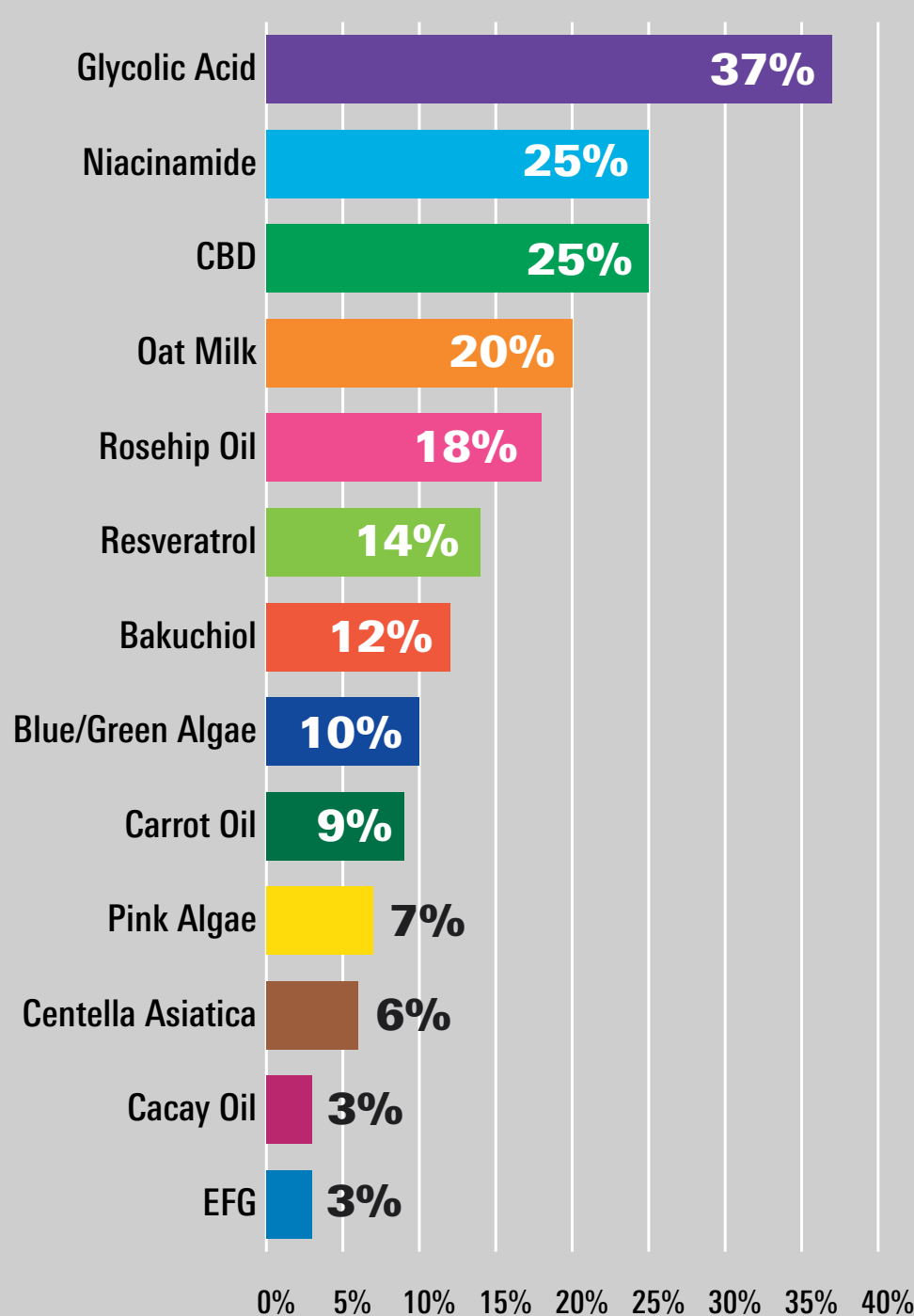


She Uses Retinol to Combat...

- **74%** fine lines & wrinkles
- **37%** skin elasticity issues
- **30%** under-eye wrinkles
- **27%** loss of collagen
- **24%** acne
- **23%** hyperpigmentation
- **19%** eye bags



Retinol Alternative Ingredients Used Now



But Pro-Retinols & Retinol Alternatives Offer Her a Gentler Option

- **75%** want to use pro-retinols but haven't yet
- **16%** use products containing pro-retinols now
- **6%** don't know enough to make a decision

What Piques her Pro-Retinol Interest?

- **61%** I can use it to treat the delicate areas of my eyes
- **56%** gentler ingredients
- **34%** have the proof of efficacy I'm looking for in strong consumer claims
- **28%** believe they can be just as effective as traditional retinoids
- **27%** many have great product reviews

Reasons she first used a retinol product

- I was curious **36%**
- Read about it in a magazine/online/blog/news **34%**
- I know that it is a potent ingredient **31%**
- I have a specific skin issue and I thought this would help **29%**
- I received a sample **21%**
- A friend recommended it **20%**
- My doctor recommended it **16%**
- My esthetician recommended it **9%**



How She Buys Traditional Retinol Products

- **59%** buy cosmetics that list retinol as an ingredient
- **18%** buy OTC prescription-strength retinol
- **9%** buy a retinol product prescribed by a physician
- **9%** use several types (**4%** don't know)

Pro-retinol/Retinol Alternative Ingredients She'd Like to Try

- **67%** CBD/Oat milk/ Glycolic Acid
- **58%** Pink Algae
- **57%** Blue/green Algae
- **56%** Rosehip Oil
- **49%** Carrot Oil

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